



presented by



Get control over your commute time. Save money. Reduce pollution.

You're not alone. Thousands of Chicagoans are already using their bicycles as a fun, healthy and low-cost alternative to driving or riding transit. Thousands more will get on a bike in response to cuts in critical CTA services in November 2007.

This guide lists alternatives for bus routes to Chicago's Loop that are slated for elimination. Most CTA rail stations provide bike parking, for those who choose to combine bicycling with the L.

For a free map of Chicago bike lanes and recommended bike routes, visit your local bike shop or the offices of the Chicagoland Bicycle Federation, 9 W. Hubbard St., Suite 402, Chicago, between 9 a.m. and 5 p.m. weekdays.



Name your route _____

Lincoln 11

Lincoln Avenue is a recommended bikeway from Devon Avenue to Wells Street. Continue south on Wells bike lane. Travel time from Irving Park Road to Loop: 40 min. *Sheltered CTA bike parking at Kimball and Western Avenue Brown Line Stations.*

Milwaukee 56

Milwaukee Avenue is recommended for bicycles from Devon to Kinzie. Elston Avenue is Chicago's

longest bike lane, from Devon to Milwaukee. Travel time: from Diversey to Loop 40 min. *Sheltered CTA bike parking at Cumberland, Jefferson Park, Logan Square, UIC Halsted and 18th Street Blue Line stations.*

Grand 65

Grand Avenue is recommended for bicycles from Harlem to Armour Avenue (one block east of Ashland). From there, take Hubbard Street east. *Alternative con-*

nections: Grand (east) to Armitage (east) to Blue Line; Grand (east) to Laramie (south) to Washington (east).

Ogden 38

Ogden Avenue is recommended from Kostner to Chicago Avenue. Travel time from Central Park to Loop: 40 min. *Alternative connections: Ogden (east) to Central Park (north) to Washington (east); Ogden (east) to Illinois Medical District Blue Line station.*

Montrose 78

Bicycling is not recommended on Montrose, but nearby Lawrence Avenue is recommended from Jefferson Park to the Lakefront Trail. Wilson is recommended from the Chicago River North Branch to the Lakefront Trail. Each of these routes connects with Brown Line and Red Line.

Lakeshore express routes

The Lakefront Trail is Chicago's bicycle expressway, between Ardmore Avenue and 71st Street. Completely car-free and stunning at all times of year, this is one of the finest bikeways in North America. Travel time: Lawrence Avenue to Loop 40 min. South Shore to Loop 45 min.



9 W. Hubbard St., Suite 402
Chicago, IL 60610
312-427-3325
www.biketraffic.org

Using CTA Bike and Ride

All CTA buses are equipped with racks that can hold up to two bicycles at a time. This service is available at all times of day.

Follow these steps:

1. Squeeze red handle to unlock rack and remove from its vertical position.
2. Lower rack to horizontal position.
3. Place bike in wheel well and swing support arm up over front wheel to hold bike in place.
4. Board and pay fare. Bikes ride free!

Also, bicycles are permitted on all CTA trains during non-peak hours, 9 a.m. to 4 p.m. and 6 p.m. to 7 a.m. Bikes are limited to two per car.

Remember, bicyclists assume all responsibility for damages or injuries that occur as a result of their bike being on CTA property.



The Chicagoland Bicycle Federation is here to help

Need help figuring out a car-free solution during the CTA Doomsday crisis? E-mail your current bus route(s) and train routes to transit@biketraffic.org.

The non-profit Chicagoland Bicycle Federation has worked for more than 20 years to engage people in bicycling, encourage activity, increase traffic safety, and design a world-class bicycle facilities network. The Chicagoland Bicycle Federation is North America's largest bicycling and pedestrian advocacy organization, supported by nearly 6,000 members, more than 1,000 volunteers and 35 full- and part-time staff.